Parul® NAAC University



HOMOEOSPIRIT

QUARTERLY BULLETIN VOL: 4 (DECEMBER) YEAR 2024

THE OBJECTIVE OF THIS INSTITUTIONAL BULLETIN IS:

- To provide regular updates and propagate information about the accomplishments of all the faculty members and students.
- To share significant information regarding the exceptional services rendered by the corresponding departments.
- To keep everyone in this institution well informed and engaged with the objective to maintain motivation and raise morale.
- This bulletin is for internal circulation and for educative purpose only.

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JAWAHARLAL NEHRU HOMOEOPATHIC MEDICAL COLLEGE
PARUL UNIVERSITY CAMPUS, AT & PO LIMDA, TA: WAGHODIYA,
DIST: VADODAR

02 ••• OUR STAKEHOLDERS



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Editorial

December 2024 | HOMOEO SPIRIT

A Landmark Achievement: AIPGHS 2024 – A New Chapter for Homoeopathy

As the year draws to a close, we at Jawaharlal Nehru Homoeopathic Medical College along with Parul Institute of Homoeopathy and Research, Ahmedabad Homoeopathic Medical College and Rajkot Homoeopathic Medical College Faculty of Homoeopathy Parul University look back with immense pride on the resounding success of our flagship event, the AIPGHS 2024 (All India Post Graduate Homoeopathic Seminar). Held from 15th to 18th November 2024, this grand gathering marked a significant milestone in the academic and professional landscape of homoeopathy, drawing participation from esteemed practitioners, scholars, and students alike.

The event commenced with two highly engaging pre-seminar workshops on 15th November 2024, where experts delved into contemporary issues, innovations, and advancements in homoeopathic practice. These workshops set the tone for the days ahead, offering participants a deep dive into specialized areas of research, therapeutics, and clinical techniques.

The two-day conference that followed on 16th and 17th November 2024 was a grand showcase of cutting-edge research, dynamic discussions, and collaborative learning. Renowned homoeopathic practitioners, academicians, and researchers from across the globe came together, offering their insights on topics ranging from integrative health approaches to the latest in homoeopathic pharmacology aimed towards VIKSIT BHARAT.

The vibrant exchange of ideas and knowledge truly captured the essence of what homoeopathy stands for—a continuous, evolving pursuit of healing.

Culminating the event was a post-seminar workshop on 18th November 2024, where the participants were given the opportunity to integrate their learning through hands-on sessions and practical applications, further solidifying their understanding of the conference theme of INTEGRATING TRADITIONS AND INNOVATIONS IN HOMOEOPATHY FOR VIKSIT BHARAT "

The success of AIPGHS 2024 is a testament to the collective effort of our dedicated faculty, staff, and students, and it has further solidified Jawaharlal Nehru Homoeopathic Medical College as a leading institution in homoeopathic education and research. The event not only strengthened the academic bonds within the homoeopathic community but also reinforced our mission to advance the science of homoeopathy in a holistic and evidence-based manner.

As we celebrate this achievement, we extend our heartfelt thanks to all the participants, speakers, and supporters who made AIPGHS 2024 a remarkable experience. With a renewed sense of purpose, we look forward to future endeavors that will continue to elevate the standards of homoeopathy education and practice.

We deeply thank our Collaboration with CCRH, NCH, NIH and ICSSR and are indebted for the support we recieved from our Sponsors SBL, B.JAIN group, Hompath, Healwell, Bakson, Dr Patel's Homoeopathy, Ayush Manager and LDD biosciences.

— Editorial Team Jawaharlal Nehru Homoeopathic Medical College Parul University



Applied Anatomy Facts in Head, Neck, and Brain

Abstract

Applied anatomy bridges basic anatomical knowledge with clinical practice. In the head, neck, and brain regions, a detailed understanding anatomy is crucial for diagnosis, surgical intervention, and managing trauma and neurological conditions. This article highlights key applied anatomical facts relevant to clinical practice.

1. Scalp and Skull

• The scalp has five layers (mnemonic: SCALP – Skin, Connective tissue, Aponeurosis, Loose areolar tissue, Pericranium). The loose areolar tissue ("danger area of scalp") allows the spread of infection to the cranial cavity via emissary veins

Dr Poorav Desai Professor & H.O.D Dept. Of Human Anatomy





Dr Sunderlal Longjam Assistant Professor Dept. Of Human Anatomy

The pterion is the thinnest part of the skull, where the frontal, parietal, temporal, and sphenoid bones meet. Injury to this area can rupture the middle meningeal artery, causing an epidural hematoma.

2. Face and Cranial Nerves

- The facial nerve (CN VII) is vulnerable in parotid gland surgeries. Its five terminal branches emerge from the parotid gland, and injury can cause facial asymmetry or paralysis [3].
- Trigeminal neuralgia (CN V) causes intense facial pain and is linked to vascular compression at the nerve's root entry zone .

3. Neck Anatomy

- The sternocleidomastoid muscle divides the neck into anterior and posterior triangles, which help localize lymphadenopathy, masses, or vascular access points [5].
- The carotid sinus, located at the bifurcation of the common carotid artery (C3-C4), is a baroreceptor. Pressure on it (e.g., in carotid massage) can induce bradycardia.

Applied Anatomy Facts in Head, Neck, and Brain

- 4. Brain and Cranial Vault
- The brain is supplied by the Circle of Willis, an arterial polygon at the base of the brain. Variations in this circle are clinically significant in stroke and aneurysm formation [7].
- The primary motor cortex (precentral gyrus) controls voluntary muscle movements. A lesion here causes contralateral hemiparesis, often seen in stroke [8].
- The Broca's area (usually in the left inferior frontal gyrus) is critical for speech production. Damage causes expressive aphasia [9].
- 5. Clinical Imaging and Surgery
- CT and MRI rely heavily on anatomical landmarks like the ventricles, gyri, and sulci for detecting intracranial pathology.
- During thyroid surgery, knowledge of the **recurrent laryngeal nerve** (branch of CN X) course is essential to prevent vocal cord paralysis [10].

Conclusion

An in-depth understanding of applied anatomy in the head, neck, and brain is essential for effective clinical decision-making. Integrating anatomical knowledge with radiology, surgery, and neurology improves patient outcomes and minimizes complications.

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PCOD and Its Homoeopathic **Approach**

Polycystic Ovarian Disease (PCOD), also known as Polycystic Ovary Syndrome (PCOS), is a prevalent endocrine disorder affecting 5-10% of women during their reproductive years. Characterized by hormonal imbalances, insulin resistance, and ovarian cysts, PCOD manifests through symptoms such as irregular menstrual cycles, hirsutism, acne, obesity, and infertility. Beyond physical symptoms, PCOD significantly impacts mental health, leading to conditions like depression, anxiety, and reduced quality of life .

Dr.DhavalJadav Professor & H.O.D. **Dept of Obstetrics & Gynaecology**



Conventional Management of PCOD

Traditional medical approaches to PCOD often involve hormonal therapies, insulinsensitizing agents, and surgical interventions. While these treatments can address specific symptoms, they may not offer a comprehensive solution and can be associated with side effects. Consequently, many individuals seek alternative therapies, including homoeopathy, for a more holistic approach to managing PCOD.

Homoeopathic Perspective on PCOD

Homoeopathy views PCOD as a multifaceted condition influenced by genetic, physical, emotional, and environmental factors. The homoeopathic approach emphasizes individualized treatment, considering the unique constitution and symptoms of each patient. By stimulating the body's vital force, homoeopathic remedies aim to restore balance, regulate hormonal function, and address underlying causes of PCOD

Commonly Used Homoeopathic Remedies for PCOD

Several homoeopathic remedies have been identified for managing PCOD symptoms:

- Pulsatilla: Indicated for individuals with scanty, delayed, or suppressed menstruation, often accompanied by emotional sensitivity and a desire for open air.
- Sepia: Suitable for those experiencing bearing-down pelvic pain, irregular cycles, hormonal imbalances, and emotional indifference.
- Calcarea Carbonica: Recommended for individuals with profuse, prolonged periods, obesity, and sensitivity to cold, often associated with anxiety and fatigue.

PCOD and Its Homoeopathic Approach

- . Natrum Muriaticum: Useful for irregular cycles, acne, water retention, and emotional issues like grief and tearfulness.
- Thuja Occidentalis: Indicated for cases with multiple ovarian cysts, hirsutism, oily skin, and thyroid imbalances.
- Lycopodium: Beneficial for individuals with digestive issues, bloating, low confidence, and hair loss.
- **Arsenicum Album:** Appropriate for those with anxiety, fatigue, food cravings, and irregular, scanty periods.
- **Graphites:** Suitable for individuals with delayed, scanty periods, skin complaints, and constipation .
- Lachesis: Indicated for painful, irregular periods with heavy, dark flow, and emotional irritability.
- **Arsenicum Album:** Useful for anxious patients with extreme thirst, diarrhea around menses, and debility.

Clinical Evidence Supporting Homoeopathy in PCOD

A case series published in the Indian Journal of Integrative Medicine demonstrated positive outcomes with individualized homoeopathic treatment for PCOD. Seven cases showed marked improvement in menstrual cycles and resolution of ovarian cysts within 4 to 12 months of treatment, with a positive causal attribution of homoeopathy in relieving symptoms.

Another case report in the International Journal of Homoeopathic Sciences highlighted the successful treatment of a 36-year-old female with PCOD using Sepia Officinalis 200C. The patient experienced regularized menstrual cycles and improved ultrasonographic findings.

Integrative Approaches: Combining Homoeopathy with Lifestyle Modifications

Integrating homoeopathic treatment with lifestyle modifications can enhance the management of PCOD. Dietary changes, regular physical activity, stress management, and weight control play crucial roles in improving insulin sensitivity and hormonal balance. Herbal supplements such as Licorice root, Maca, Vitex, Tribulus, and Cinnamon have been identified to support hormone production, regulate menstrual cycles, and reduce insulin resistance.

Conclusion

Homoeopathy offers a personalized and holistic approach to managing PCOD, addressing not only the physical symptoms but also the emotional and psychological aspects of the condition. Individualized treatment, combined with lifestyle modifications, can lead to significant improvements in menstrual regularity, hormonal balance, and overall well-being.

PCOD and Its Homoeopathic Approach

However, it is essential to consult with a qualified homoeopathic practitioner to determine the most appropriate treatment plan tailored to individual needs.

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 "Homeopathy Treatment for PCOS Doctor Bhatia's Asha Homeopathy"
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SEPT 1, 2024

Sharing glimpses from our Free Homeopathic Consultation Booth, organized to honor the legacy of Dr. Jayesh K Patel, the visionary founder of Parul University. In alignment with SDG 3, we provided comprehensive consultations and treatments for a range of health issues.













SEPT 5, 2024

A successful medical camp organized by Vadodara Municipal Corporation in collaboration with JNHMC, Parul University, at Gijubhai Badheka School, Makarpura on 05/09/24. Proud to have served 80 beneficiaries with quality healthcare and support.









SEPT 8, 2024

Congratulating to CDT Patel Smitkumar from Jawaharlal Nehru Homoeopathic Medical College for being selected to represent at the prestigious "AITSC Delhi" (All India Thal Sainik Camp)



CONGRATULATIONS CDT PATEL SMITKUMAR

Jawaharlal Nehru Homoeopathic Medical College for being selected in

"AITSC DELHI (ALL INDIA THAL SAINIK CAMP)"

SEPT 16, 2024

Bringing healthcare closer to the community! A successful medical camp was organized by Vadodara Municipal Corporation in association with JNHMC Hospital (Parul University) on 12/09/24 at Navapura, benefiting 95 individuals.











SEPT 18, 2024

Sharing glimpses from our insightful Expert Talk at Jawaharlal Nehru Homoeopathic Medical College, where Dr. Ankur Desai highlighted the legacy of Hahnemann through unique collectibles. This event also marked the 4th Commemoration Day of our founder Dr. J K Patel, celebrating his vision and contributions to Parul University.











SEPT 19, 2024

Congratulating Hiral Kansara from Jawaharlal Nehru Homoeopathic Medical College for securing the Runner-Up position in SMRITI under the category of Painting



SEPT 24, 2024

Celebrating World Patient Safety Day with a focus on 'Improving Diagnosis for Patient Safety' at Jawaharlal Nehru Homoeopathic Medical College.



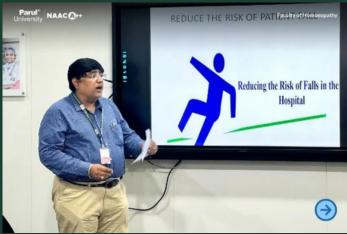
















OCT 15, 2024

Congratulating our brilliant toppers from JNHMC! 1st Place: Tanvi Mayani2nd Place: Aarti Ramani3rd Place: Radhika Parmar



Aarti Ramani

Faculty of Homoeopathy

Congratulations! TOPPERS FROM JNHMC





Radhika Parmar

End Year Examination - 1st BHMS

Jawaharlal Nehru Homoeopathic Medical College

OCT 17, 2024

Celebrating Global Handwashing Day with creativity and awareness!

The students of 2nd and 3rd BHMS at JNHMC participated in a poster-making competition, showcasing their talent and the importance of hand hygiene for a healthier world.













OCT 18, 2024

Congratulating the talented winners of the Poster Making Competition organized by JNHMC on the occasion of Global Handwashing Day! Your creativity and dedication to spreading awareness about hygiene are truly commendable.





Faculty of Homoeopathy

Congratulations

Winners of Poster Making Competition on World Hand-Washing Day





1st - Prajapati Mahek (2nd year)







OCT 26, 2024

The Department of Surgery at Jawaharlal Nehru Homoeopathic Medical College hosted an insightful Surgery Symposium. Presented by the talented students of 3rd BHMS, this event explored the latest in surgical techniques and their impact on homeopathic medical practice.













OCT 27, 2024

Learning from the best! Our faculty and students from JNHMC had the privilege to attend an insightful seminar on 'A Scientific Blueprint of Homeopathy,' led by Dr. Didar Singh, Chairman of Preach. An enriching experience for all attendees, exploring the future of holistic health.











NOV 12, 2024

Aagaman, the Freshman Induction Program for the Batch of 2024-25 was organized by Jawaharlal Nehru Homoeopathic Medical College and Parul Institute of Homoeopathy and Research.

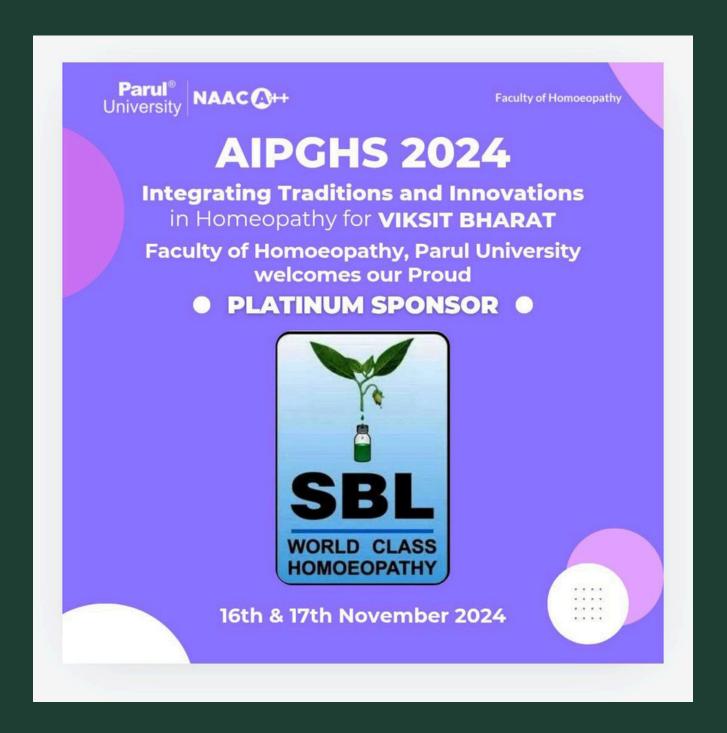






November 13, 2024

Parul University's Faculty of Homeopathy is thrilled to announce SBL as our **Platinum Sponsor**. Renowned for quality and innovation, SBL's partnership highlights our shared dedication to advancing homeopathy through education and research. This collaboration will enhance learning opportunities for our students and faculty.



November 13, 2024

The Faculty of Homeopathy at Parul University is delighted to welcome Hompath Zomeo as our Gold Sponsor. As the most trusted homeopathy software, Hompath Zomeo plays a vital role in blending tradition with innovation for a #ViksitBharat. We also proudly announce BJAIN Publishers as a sponsor for this significant event.





NOV 13, 2024

The Faculty of Homoeopathy at Parul University proudly welcomes our esteemed sponsors who share our vision for a brighter future in homeopathy. Together, we advance towards innovative healthcare solutions! 17 16th & 17th November 2024



Faculty of Homoeopathy

AIPGHS 2024

Integrating Traditions and Innovations in Homeopathy for VIKSIT BHARAT



Faculty of Homoeopathy, Parul University welcomes our Proud













16th & 17th November 2024

NOV 14, 2024

Cheers to our talented Faculty of Homeopathy students' team for making it to RBI 90 Quiz finals organised by RBI -INDIA!



NOV 14, 2024

Institute Wise Toppers of Jawaharlal Nehru Homoeopathic Medical College!
We are proud to celebrate the dedication and achievements of our brilliant students:
Sanghani Kruti Vijaybhai - University Rank: 1st Tiwari Shikha Anilbhai - University Rank: 5th Trajapati Meghaben Jitendrabhai - University Rank: 9th



NOV 14, 2024

We are honored to announce our Academic Partner, the Indian Council of Social Science Research (ICSSR), for the AIPGHS 2024! Their support is invaluable as we integrate traditions and innovations in homeopathy for a progressive Viksit Bharat. To 16th & 17th November 2024



Faculty of Homoeopathy

AIPGHS 2024

Integrating Traditions and Innovations in Homeopathy for VIKSIT BHARAT

Faculty of Homoeopathy, Parul University welcomes our Proud

- ACADEMIC PARTNER -



Indian Council of Social Science Research

16th & 17th November 2024

NOV 15, 2024

Welcoming Excellence at AIPGHS 2024 * The Faculty of Homoeopathy at Parul University is honored to have the Central Council for Research in Homeopathy (CCRH) as our Technical Support Partner. Their dedication to advancing homeopathy is invaluable as we work towards integrating traditions and innovations for a progressive future in Viksit Bharat.



NOV 15, 2024

Congratulating the university topper of MD(Hom) Regular Exam year 1 from Jawaharlal Nehru Homoeopathic Medical College!



Faculty of Homoeopathy

INTRODUCING OUR UNIVERSITY TOPPERS





Sanghani Kruti Vijaybhai MD - Hom. Materia Medica Jawaharlal Nehru Homoeopathic Medical College

MD(HOM) REGULAR EXAM, YEAR - 1

"Focus on your effort, not the result" - Bhagavad Gita (2.47)

NOV 15, 2024 AIPGHS 2024

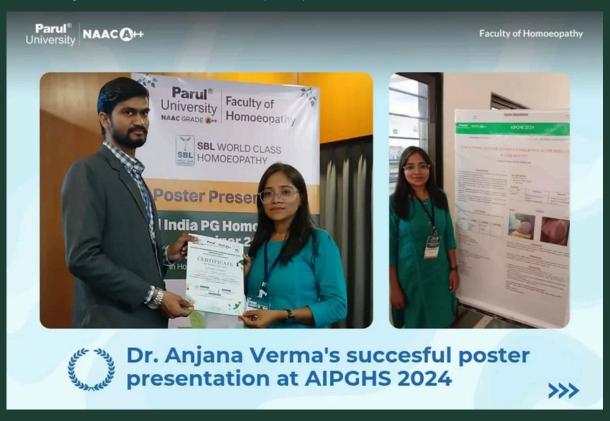
Two days of transformative learning as global leaders in Homoeopathy come together to share timeless practices and groundbreaking innovations. Dive into inspiring sessions, connect with Indian as well as foreign experts, and discover how Homoeopathy is shaping a healthier and progressive India.





NOV 16,2024

Dr. Anjana Verma, a PG Scholar from Jawaharlal Nehru Homoeopathic Medical College proudly participated in the Poster Presentation, highlighting innovative ideas and knowledge in the field of homeopathy.





NOV 16, 2024

The All India PG Homeopathic Seminar (AIPGHS) 2024, hosted by Parul University, brought together brilliant minds from across the globe, uniting researchers, practitioners, and academicians in the shared pursuit of advancing homoeopathy.









NOV 16, 2024

The All India PG Homeopathic Seminar (AIPGHS) 2024, hosted by Parul University, brought together brilliant minds from across the globe, uniting researchers, practitioners, and academicians in the shared pursuit of advancing homoeopathy.









NOV 16, 2024

The grand inauguration of AIPGHS 2024 marked the beginning of an enlightening journey. A confluence of intellect, innovation, and inspiration, this event promises to set new benchmarks in the field of healthcare and homoeopathy.

















NOV 16, 2024

Day 1 Highlights of AIPGHS 2024! A vibrant start filled with thought-provoking discussions, impactful presentations, and unparalleled networking opportunities. Here's a peek into the energy-packed first day of this landmark event!

















NOV 16, 2024

From innovative concepts to thought-provoking research, the poster presentations at AIPGHS 2024 showcased the creativity and dedication of our participants. Here's a glimpse of the brilliant ideas shared during this interactive session.













NOV 17, 2024

Day 2 Chronicles! From expert-led sessions to interactive panels and thought-provoking discussions, Day 2 of AIPGHS 2024 was all about broadening horizons and fostering innovation. Check out some memorable moments that captured the essence of this impactful day.































NOV 17, 2024

The podium presentations at AIPGHS 2024 brought groundbreaking research and innovative ideas to the forefront. A true celebration of academic excellence and intellectual exchange. Here are some highlights of these inspiring sessions!













NOV 17, 2024

Cultural Kaleidoscope at AIPGHS 2024! Where science meets art and intellect meets creativity. The cultural performances during AIPGHS 2024 added vibrant colors to the academic aura, showcasing talent, passion, and diversity. Dance, music, and much more!









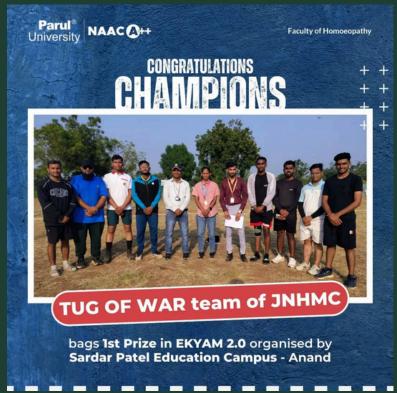




NOV 18, 2024

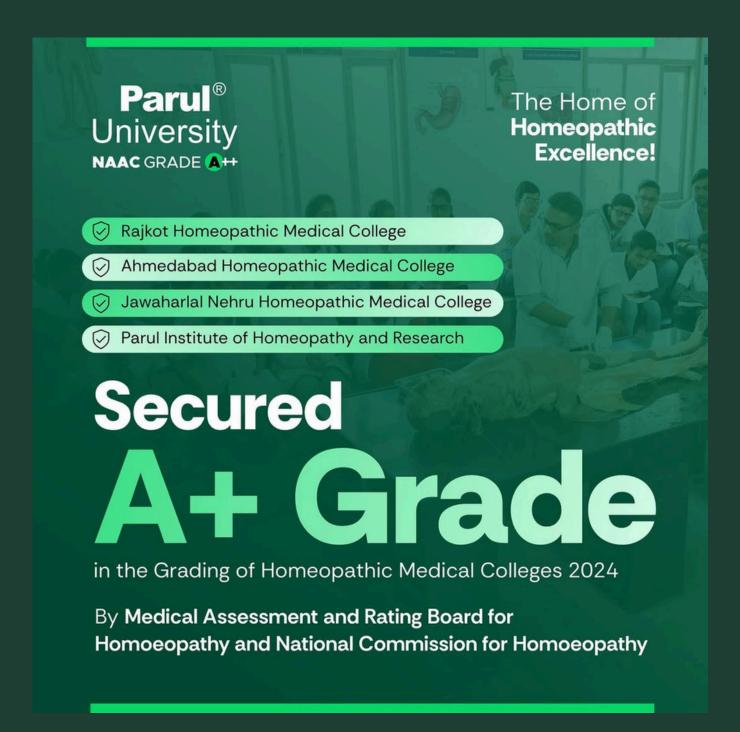
A massive congratulations to the Tug of War team of JNHMC for securing 1st Prize in EKYAM 2.0, hosted by Sardar Patel Education Campus, Anand. Your strength, teamwork, and perseverance have brought pride to us all!





NOV 20, 2024

We are proud to share that our homeopathy colleges have secured the A+ grade in the recently announced Grading of Homeopathic Medical College 2024 by the Medical Assessment and Rating Board for Homoeopathy and National Commission for Homoeopathy. This remarkable achievement has also placed our colleges in the Top 10 Homeopathic Colleges in Gujarat, a recognition of the quality of education, infrastructure, and opportunities we provide to our students.



NOV 23, 2024

The Parul University Alumni Association is thrilled to share the highlights of the recently concluded Alumni Guidance Session, hosted in collaboration with JNHMC, featuring the incredible Dr. Fenny Shah, our esteemed JNHMC alumna from the Class of 2016.













MEDICAL CAMP

MONTH	NUMBER OF CAMPS	TOTAL BENEFICIARIES
SEP 2024	10	968
OCT 2024	10	795
NOV 2024	10	853



MEDICAL CAMP







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